



Tama Dō

The Academy of Sound, Color and Movement

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Faery Ventures in the Swiss Alps !

*"Re-Sourcing our Inner Light
in the Heart of Nature"*

*July 17-July 31, 2010
800.615.3675 info@tama-do.com*



Join us on a Journey of pure joy and de-Light!

We sing and dance with the Devas of Nature... the faeries and elves, flowers and trees... We plunge into the icy cascades, fly from a mountain top and feel the loving arms of Mother Earth in Sacred Druidic rituals of water, wood, earth and sky. We hike through moor and mountain, forest and fountain... we may experience Dragons along the way...!

Switzerland is the passageway for the legendary Druid caravans, the ancient ones, descendents of the children of Llyr and the Tuatha Dé Danaan ~ who came before from the Great mother and father in the sky. Here, the Rainbow Rays of Color will help us to channel our Higher Source. The Master Stars will help us to know where we are in the Universe. We will traverse back to the roots of our childhood... back to the time when all was possible... and imprint the memories of Light in our future... in the heart of the Nature of the Swiss Alps.

Be prepared to be happy! Be prepared to look within your Self - deeply.

Fabien Maman, the Master Guide of Tama-Do, and Faery/Shaman Terres Unsoeld, initiated by the High Druidic Priestess of the French Order, will initiate us in Sacred rituals of water, wood, earth and sky.

Terres will teach the healing powers of the Devas of Nature... the faeries and elves, flowers and trees... and how to call them with our personal song. We will tune with the Light, so that we can commune with the wonderful creatures of the Faery World. We will work with Tama-Do Faery Essences® and Rainbow Silks, re-Sourcing our inner Light. In Sacred Circle, we will practice our creative Self expression, celebrating our Faery Feistiness, as well as our Nobility of Spirit. Through the 7 Stages of the Soul, Terres will guide us on a journey to re-remember our Faery roots - when we were free to be our purest essence of our Selves! We celebrate the wonder and the joy of being alive!

Fabien will guide us to stand in our personal Soul Path as it relates to our Soul astrology. We will understand our place within ourselves - within the Universe. We will practice his form of Qi Gong, the Tao Yin Fa (Movement for Health and Vitality) to imprint the Light of our Soul in our Energy Field.

This Shamanic is about re-sourcing our Selves through Group and Self exploration. We will drink from the Nature the elixir of Life... to return to our lives refreshed, rejuvenated, re-confirmed and reborn!

Tama-Do's Shamanic Journey of Light®

Tama-Do means " *The Way of the Soul*", a journey toward Pure Light and love, wonder and joy. To help us along our way, Master Guide of Tama-Do, Fabien Maman, and Faery/Shaman Terres Unsoeld have created a series of Shamanic Journeys which expand our consciousness through physical, spiritual and cosmic exploration. We call this subtle approach to the vibrational realm - Shamanism of the Light - for it is the Light from whence we came, and where, as Souls, we are going.

Our Shamanic Journeys create the opportunity to reach far beyond our selves. In the heart of Nature we ask that each student respect and join a sacred circle created by the group, so that the finer vibrations of wonder and joy may flourish. Our teachings have been passed down from a Masters' Lineage with love and care. We practice respect for the teachings, the teachers and the group. All expectation is left at the door so that we may enter with open hearts and open mind. The Way of the Soul ~ it's a beautiful journey....

[Tama-Do Academy does not practice nor approve of Shamanic practice involving 'soul retrieval', 'shadow' or any other dark exploration. We are only interested in exploring the Light.]

Here is some information about your trip:

You will be traveling into one of the most beautiful areas of Switzerland. Grindelwald is a pristine, fower-covered mountain playground in the Swiss Alps. This is the land of sparkling cascades, green forests and the Eiger, Junfrau and Monch, 3 of the highest mountains in Europe. We will see them out our window! Switzerland is also the land of chocolate, cheese, and crisp clear air, green, green pastures, sparkling mountain lakes and of course, the beautiful snow capped mountains. The flower faeries are very happy! Be prepared for childlike energy. This is the land of wonder!

Schedule your trip:

It's always wise to arrive a couple days early to get over jetlag. Ask about hotels for your pre-Shamanic Journey lodging.

Arrive Saturday, July 17: 4 pm Arrive at the Grindelwald train station. We will pick you up.

Depart Saturday July 31: 9:30am.

Accommodations:

We will be staying in an exquisitely picturesque mountain house up one of the chairlifts. We offer double occupancy and dormitory style lodging. Preference will be given to first come, first served.

How to get there:

From the United States, you will fly to Geneva. You will take a train from the airport to Grindelwald. It is important that you purchase a Swiss $\frac{1}{2}$ Fare Pass when you buy your train ticket. This will help you later with the lifts in Grindelwald.

What to bring:

Good walking shoes; wool socks recommended for nighttime; light clothing easy to wash and dry if wet. Jeans and heavy cottons are not recommended; backpack; Sun hat and suntan lotion; Light rain jacket (or poncho); Sweaters and/or jackets for the evenings. It is usually in the 70s during the day but cold at night because we are in the mountains; Liquid soap to handwash your clothes (there are no washing machines); little flashlight; water bottle.

Registration: **\$3500** (Semi-Private room, food, tuition and lifts up to major excursions)

(Not included: transportation to and from Grindelwald, lift tickets that are purchased when there is an option to walk, and additional optional excursions such as flying.) This Shamanic is limited to 16 people.

Reservations are not firm until paid in full.

\$700 non refundable deposit due by December 31. All fees due by April 15.

Cancellations: Before 12 weeks prior to the start date: Full refund minus the deposit;

12 weeks or less from start date: No Refunds.

For more information on Tama-Do: www.tama-do.com 800.615.3675