



# Tama Dō

*The Academy of Sound, Color and Movement*

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## *Shamanic Journey in the Swiss Alps -*

*"Re-Sourcing our Soul  
in the Heart of Nature"*

*July 18-August 1, 2009*

*800.615.3675 info@tama-do.com*



Switzerland is the land of the Devas of Nature ~ the elves and the fairies of the mountains and forests, cascades and sky. It is the passageway for the legendary Druid caravans, the ancient ones, descendents of the children of Llyr and the Tuatha Dé Danaan ~ who came before from the Great mother and father in the sky ~ making their way to the South of France. This area offers opportunities for our own inner pathways to be revealed.

This is the quintessential Shamanic Journey of the Soul. We will traverse back to the roots of our childhood... back to the time when all was possible... and imprint the memories in our future... in the heart of the Nature of the Swiss Alps.

Fabien Maman, the Master Guide of Tama-Do, and Faery/Shaman Terres Unsoeld, initiated by the High Druidic Priestess of the French Order, will initiate us in Sacred rituals of water, wood, earth and sky.

We will learn the healing powers of the Devas of Nature... the fairies and elves, flowers and trees... and how to call them with song. We will deepen our Soul journey on hikes through moor and mountain, forest and fountain... the Nature has been waiting for us to join them in meditation, song and dance! We may experience the Dragons in the area...

The Rainbow Rays of Color will help us to channel our Higher Source. The 8 Master Stars of the 8 Directions will help us to know where we are in the Universe.

This Shamanic is about re-sourcing our Selves through Group and Self exploration. We will drink from the Nature the elixir of Life... to return to our lives refreshed, rejuvenated, re-confirmed and reborn!

### ***Tama-Do ~ The Way of the Soul***

"Tama-Do" means "The Way of the Soul", a journey toward Pure Light and love, wonder and joy. To help us along our way, Master Guide of Tama-Do, Fabien Maman, and Faery/Shaman Terres Unsoeld have created a series of Shamanic Journeys which expand our consciousness through physical, spiritual and cosmic exploration. We call this subtle approach to the vibrational realm - Shamanism of the Light - for it is the Light from whence we came, and where, as Souls, we are going.

Our Shamanic Journeys create the opportunity to reach far beyond our selves. In the heart of Nature we ask that each student respect and join a sacred circle created by the group, so that the finer vibrations of wonder and joy may flourish. Our teachings have been passed down from a Masters' Lineage with love and care. We practice respect for the teachings, the teachers and the group. All expectation is left at the door so that we may enter with open hearts and open mind. The Way of the Soul ~ it's a beautiful journey....

***Here is some information about your trip:***

You will be traveling into one of the most beautiful areas of Switzerland. Grindelwald is a mountain playground in the Swiss Alps. This is the land of sparkling cascades, green forests and very high mountains! The Eiger, Junfrau and Monch are 3 of the highest mountains in Europe. We will see them out our window! Switzerland is also the land of chocolate, cheese, and crisp clear air, green, green pastures, sparkling mountain lakes and of course, the beautiful snow capped mountains. The flower fairies are very happy! Be prepared for childlike energy. This is the land of wonder!

***Schedule your trip:***

It's always wise to arrive a couple days early to get over jetlag. We have lists of hotels for your pre-Shamanic Journey lodging.

**Arrive Saturday, July 18:** 4 pm Arrive at the Grindelwald train station. We will pick you up. Please arrive on time! We have to organize cars to take you to the chalets.

**Depart Saturday August 1:** 9:30am. We will take you back to the Grindelwald train station.

***Accommodations:***

We will be staying in a beautiful private chalet on the upper edge of Grindelwald, and a mountain house up one of the chairlifts. A limited number of private rooms are available.

***How to get there:***

From the United States, you will want to fly to Geneva. You will take a train from the airport to Grindelwald. It is important that you purchase a Swiss  $\frac{1}{2}$  Fare Pass when you buy your train ticket. This will help you later with the lifts in Grindelwald.

***What to bring:***

Good walking shoes; wool socks recommended for nighttime; light clothing easy to wash and dry if wet. Jeans and heavy cottons are not recommended; backpack; Sun hat and suntan lotion; Light rain jacket (or poncho); Sweaters and/or jackets for the evenings. It is usually in the 70s during the day but cold at night because we are in the mountains; Liquid soap to handwash your clothes (there are no washing machines); little flashlight; water bottle.

***Registration:***

**\$3,200 SPECIAL PRICE if Paid in full by Dec. 31, 2008** (semi-private room, food, tuition)

**\$3500** (Semi-Private room, food, tuition)

Private supplement \$1000 (only 3 places available) (not available for the Special Price)

Reservations are not firm until paid in full.

(Not included: transportation to and from Grindelwald and some optional excursions such as flying.)

This Shamanic is limited to 16 people.

**\$700 non refundable deposit due by December 31. All fees due by April 15.**

Cancellations: Before 8 weeks prior to the start date: Full refund minus the deposit;  
8 weeks or less from start date: No Refunds.

**For more information on Tama-Do: [www.tama-do.com](http://www.tama-do.com) 800.615.3675**