



Tama Dō

The Academy of Sound, Color and Movement

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Shamanic Journey in the Land of the Cathars

*Re-Sourcing our Healing Powers with the
Mary Magdalene Energies and the Masters of Light*

*May 30-June 10, 2009
800.615.3675 www.tama-do.com*



This journey takes us deep into the heart of the Languedoc Region in the South of France, the land of Mary Magdalene, the Cathars and legendary gastronomic cuisine.

We begin our journey in an Sacred Druid Wood, overlooking the Mediterranean Sea near the medieval village of Gourdon. Fabien Maman, Master Guide of Tama-Do, will prepare our way through meditation, as we create a portal through which we can journey inward – into our past... to be reborn into the future...

We first stay near Tourrettes sur Loup (Village of the Violets), a charming medieval village, from where we can explore the golden light, essential oils, fabrics and cuisine of Provence. We will seek out the ancient ruins of a Dolman and explore our inner radiance in the sun washed stones of Courmes.

Mary Magdalene will greet us in meditation in Rennes le Chateau. We will resource our healing powers with the energies of the Divine Feminine, re-remembering the softness and strength of the Magenta Ray. We will create our own Sacred Songs of the Soul in secret Abbayes along the way.

Faery/Shaman Terres Unsoeld, initiated by the High Priestess of the French Druidic Order, will teach us the songs of the healing trees along the river L'Aude, which winds its way through the land... teaching us to let go... let go....

As we enter the deep south; the land of Carcassonne, we feel the call of the Cathars, the Masters of Light, who passed to the other side in the 1300s. These New Age Light Workers chose to die for their spiritual beliefs - rather than settle for less than who they were...

The Cathars understood the energies of the stars and the sun, building "Temples of Light" which still stand today. We will face our own true value as we climb the steps in the rocks and crags of the ruins of Monstegur, Perpetuyse and Queribus. In the mirror of their story, we will find our stories... and by honoring them, we honor our selves... We re-remember the power of the Violet Ray.

This Journey inspires us to look toward the stars. Fabien will teach us how to read our own Soul Charts. When we arrive back Home, we will feel feminine and soft... powerful and alive... knowing that we are on the true path ~ our Path ~ the Way of the Soul.

Tama-Do ~ The Way of the Soul

"Tama-Do" means "The Way of the Soul", a journey toward Pure Light and love, wonder and joy. To help us along our way, Master Guide of Tama-Do, Fabien Maman, and Faery/Shaman Terres Unsoeld have created a series of Shamanic Journeys which expand our consciousness through physical, spiritual and cosmic exploration. We call this subtle approach to the vibrational realm - Shamanism of the Light - for it is the Light from whence we came, and where, as Souls, we are going.

Our Shamanic Journeys create the opportunity to reach far beyond our selves. We ask that each student respect and join a sacred circle created by the group, so that the finer vibrations of wonder and joy may flourish. Our teachings have been passed down from a Masters' Lineage with love and care. We practice respect for the teachings, the teachers and the group. All expectation is left at the door so that we may enter with open hearts and open mind. The Way of the Soul ~ it's a beautiful journey....

Here is some information about your trip:

You will be traveling into one of the most beautiful areas of France. The Cote d'Azur (Azure coast) is famous for its pastel pinks, golds and turquoise. Ancient medieval villages stand perch on hilltops overlooking the Mediterranean Sea. Vineyards and lavender fields carpet the land. Poetry is in the air!

Schedule your trip:

It's always wise to arrive a couple days early to get over jetlag. We have lists of hotels for your pre-Shamanic Journey lodging.

Arrival and Check-in Saturday, May 30 at 9am - Hotel Belles Terrasses (45 minutes outside of Nice).

You must arrive in time for a 10am departure for our first day excursion in the Druid Wood. If you miss the vans, you will be **out of luck to find us**. We will be in the woods all day doing a Shamanic orientation. We will see you at the end of the day at the hotel. You might want to stay the night before at Hotel Belles Terrasses:

Hotel Belles Terrasses Tel: 011.33 493 59 30 03 and 493 24 19 86. Fax: 011.33 493 59 31 27
The rooms have terraces. There is an evening restaurant, (serving breakfast and dinner, but no lunch). The hotel is easy to access, on the "main little road" on the way to Tourrettes sur Loup.

Depart Wednesday June 10 after breakfast. You can take a taxi early this morning and catch your international flight. They always leave in the morning from Nice.

Accommodations:

This is a road trip. We will be staying in a different location every other day in "Hotels of Charm." Limited private rooms are available. These hotels are each, filled with character and charm. You will be enchanted!

How to get there:

From the United States, you will want to fly to Nice, France. This is the Cote d'Azur - the most popular place to travel for holiday. For best availability, book your seat no later than January! Check out www.sidestep.com.

What to bring:

Pack LIGHT! Because you are traveling in cars, you cannot bring more than one carry-on size suitcase and a backpack. Bring clothing you can hand wash and wear by next morning. Bring clothing that allows you to be discrete and "invisible". We do not want to attract attention. We will send you more information on this.

Registration: This Shamanic is limited to 16 people.

\$3,200 SPECIAL PRICE if Paid in full by Dec. 31, 2008 (semi-private room, food, tuition)

\$3500 (Semi-Private room, food, tuition)

Private supplement \$1000 (only 2 places available) Not available with Special Price.

Reservations are not firm until paid in full.

(Not included: Airfare plus transportation to and from Hotel Belles Terrasses.)

\$700 non refundable deposit due by December 31. All fees due by April 15.

Cancellations: Before 8 weeks prior to the start date: Full refund minus the deposit;
8 weeks or less from start date: No Refunds.

For more information on Tama-Do: www.tama-do.com 800.615.3675